

Tamil Nadu Agricultural University Coimbatore – 641 003

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The Editor,

Sir,

То

I request that the following matter may kindly be published in your esteemed daily:

## Training Program on Self Management – Through Personal Profiling

The National Institute of Agricultural Extension Management (MANAGE), Hyderabad in collaboration wit h Tamil Nadu Agricultural University (TNAU), Coimbatore jointly organized a training program on "Self Management- Through Personal Profiling" from 11<sup>th</sup> to 13<sup>th</sup> May, 2015 at TNAU, Coimbatore.

The training was inaugurated in the presence of Dr. K. Ramasamy, Vice Chancellor of TNAU, Dr. Vikram Singh, Director of MANAGE, Dr. H. Philip, Director of Extension Education and thirty two Agricultural Professionals from Tamil Nadu, Puducherry, Kerala and Karnataka participated in the training program.

The Vice Chancellor in his inaugural address emphasized on the importance of training program in improving the personal skills. He further added that the transfer of technology is only 12% in engineering sector, 7% in the medical sector whereas in Agriculture sector it is 32%. The cultivable land has shrunk to 37% but still India has produced 272 MT of fruits and vegetables, and 262 MT of food grains. We rank top in the production of seven important food commodities but still a way behind in the export of agricultural produce. He encouraged the agricultural professionals to develop competent personal skills in technology development, teaching, patenting and extension of knowledge to farmers. He insisted on the role of self-empowerment for personal profiling.

Dr.H.Philip, in his introductory speech highlighted on the need for involvement in the activities what we perform. Better involvement is attained by concentrating on the present task without distractions of the past and future issues.

Dr.Vikram Singh, Director MANAGE, spoke on the role of self-management and inter personal relationship in molding the individual for a successful career and high performance. He was also happy to note an equal number of women participants for the training. He added that TNAU is a pioneering Institute and the MANAGE is looking forward to work together with TNAU on more trainings in the future.

The three days training program covered diversified topics on personality development, financial wellness, learning styles, managing self, emotional intelligence, team building, leadership development and interpersonal relationship.

The valedictory function was presided over by Dr C.R.Ananda Kumar, Registrar, TNAU, Dr. Vikram Singh, Director of MANAGE, Dr.H.Philip, Director of Extension Education. The Registrar in his valedictory speech accentuated the need for training programs to cope up with the current stressful work atmosphere. He felicitated the participants and advised them to have a close watch on HMT MANAGEMENT – i.e. Health, Money and Time management.

The participants gave their valuable feedback on the training program and expressed their wish to conduct more such programs for the benefit of students and faculty members. They also added that the success of training programs lies in imbibing the values and disseminating it to others.

Asst. Public Relations Officer